

annapurna naturopathic

Women's Health and Natural Medicine



Shawna Darou, N.D.

Naturopathic Doctor

Thank you for your interest in our Fertility Supporting Products. We hope that you find them helpful in supporting you on your road to fertility.

Please fill out the attached order form and fax it back to the clinic at: 416-214-5866 to place your order. Once we have processed your order and payment, you will receive a confirmation email and your products will then be sent Express Post.

Inside your package, you will find your products as well as instructions on how to use them. If you have any questions please contact the office by either email: info@annapurnanaturopathic.com (preferred) or by phone (416-877-0474).

Please note that all products ordered from this site are non-refundable.

Thank you again, and you will hear from us shortly as we process your order.

Shawna Darou, ND

Director, Annapurna Naturopathic



Annapurna Naturopathic

OFFICE

Dr. Shawna Darou
200-822 Richmond St. W
Toronto, ON. M6J 1C9

PHONE

416-877-0474

FAX

416-214-5866

EMAIL

info@annapurnanaturopathic.com

WEB

www.womenshealthclinic.ca

www.fertilitycareclinic.ca

ORDER FORM - PRODUCTS

Phone Your Order	Fax Your Order	Mail Your Order
416-877-0474	416-214-5866	address on the side

Name:	_____
Shipping address:	_____
City and Province:	_____
Postal Code:	_____
Billing address (if different):	_____
City and Province:	_____
Postal Code:	_____
Phone number:	_____
Email:	_____

TEST NAME	QUANTITY	UNIT PRICE	COST
Fertility Core (100 mL)		\$ 35.00	
Luteal Phase Support (100 mL)		\$ 35.00	
Immune Support (100 mL)		\$ 35.00	
Stress Support (100 mL)		\$ 35.00	
Pre-Seed Lubricant (40 gram multi use tube)		\$ 26.50	
Ovulation detector strips (package of 10)		\$ 18.00	
Pregnancy test strips (package of 5)		\$ 15.00	
PreNatal Nutrients (Pure Encapsulations) - 120 caps		\$ 32.50	
Subtotal			
		+ PST	8.00%
		+ GST	5.00%
			Shipping*
Total			

*** Shipping: \$6 for the first item, and \$4 for each additional item**

Please indicate your method of payment:

Visa MasterCard Cheque (made payable to "Annapurna Naturopathic")

Email Bank Transfer (sent to info@annapurnanaturopathic.com)

Card Number: _____

Expiry date: _____ CVV (last 3 digit on back of card): _____

Name on card: _____

Signature: _____ Date: _____

PRODUCTS FOR FERTILITY SUPPORT

Herbal Tinctures - Formulated by Dr. Shawna Darou, ND. These are concentrated herbal extracts to provide support to different aspects of fertility concern.

1. **Fertility Core** is a specialized formula designed to support fertility by: strengthening ovulation, supporting estrogen production and uterine lining, supporting optimal progesterone production in the luteal phase, enhancing libido, and supporting cervical fluid formation. Best results are seen after 2-3 months. This can be combined with "Immune Support" or "Stress Support" below. (\$35.00 per 100 mL bottle)
2. **Luteal Phase Support** is a herbal combination to support a strong ovulation, help to strengthen progesterone production, lengthen the luteal phase and reduce pre-menstrual spotting. Best results are seen after 2-3 months. This combination can be combined with the "Immune Support" or "Stress Support" below, but not with "Fertility Core". (\$35.00 per 100 mL bottle)
3. **Immune Support** is a herbal combination that is a potent immune system modulator. This means that it restores balance to an immune system that is either over-active (auto-immune conditions or positive auto-immune markers) or under-active (experiencing frequent colds, flu's, infections). This is best combined with a food intolerance test (see diagnostic ordering) and an anti-inflammatory diet. This herbal tincture can be combined with any of the other tinctures listed here.
4. **Stress Support** is a combination of herbs that act as adaptogens. In other words they help the body adapt to stress better, and reduce the harmful effects of stressors on your hormonal and other body systems. This herbal tincture can be combined with any of the above fertility support tinctures. (\$35.00 per 100 mL bottle)

Other Products

1. **Pre-Seed Lubricant - 40 gram multi-use tube**

Pre-Seed is the only sperm-friendly lubricant available. Unlike other lubricants, Pre-Seed is inserted into the vaginal canal before intercourse where it mimics your body's natural secretions. It is balanced at the optimal pH and osmolality for sperm to survive and can actually help them travel. (40 gram multi-use tube: \$24.50)

2. **Ovulation Detector Strips**

These ovulation test strips are 99.9% accurate in detecting your "LH surge" which is the brief increase in luteinizing hormone present in urine just before you ovulate. Using ovulation test strips can help you pinpoint your peak window of fertility and optimize your chances of conceiving. (package of 10 test strips: \$18.00)

3. **Pregnancy Test Strips**

These cost effective test strips can detect pregnancy as soon as 7-10 days past ovulation. They are highly sensitive and 99.9% accurate in detecting pregnancy hormone (human chorionic gonadotropin or hCG) levels as low as 20 mIU/mL. (package of 5 test strips: \$15.00)

4. **Prenatal Vitamins - Pure Encapsulations "PreNatal Nutrients"**

PreNatal Nutrients is a hypoallergenic, highly bioavailable multivitamin, multimineral formula. It provides the core nutrients needed to help support maternal and fetal health in the doses that are consistent with accepted scientific recommendations for pregnant and lactating women. PreNatal Nutrients provides 1 mg of folic acid for healthy neural and cellular development of the fetal brain and spinal cord, helping to prevent neural tube defects. (120 capsule bottle (2 months supply): \$37.50)